

Chatfield Elementary



“There is a difference between not knowing and not knowing yet.” -Sheila Tobias November 2018

Important Dates

Tuesday, November 6th

PTO Meeting 4:30-5:30 pm

Thursday, November 8th

MJ Thomas Picture Retake Day

Friday, November 9th

Family Movie Night 6:00 pm

Monday, November 12th

2nd Grade Music Program

Tuesday, November 13th

3rd Grade Music Program

Thursday, November 15th

Vision/Hearing 2nd, 3rd, 5th
Grades 9:00-11:00 am

Monday, November 19th-

Friday, November 23rd

Thanksgiving Break

happy thanksgiving!



← a full glass
(it's all perspective)

a time to be thankful, no matter
what or how much you have.

From chibird.com

chibird

A Message From

Vice Principal Shawn Wilson:

Dear Chatfield Families,

It always amazes me how quickly the school year seems to pass. In just two short weeks, we will be on Thanksgiving break! Now that our fall conferences, Halloween parties and parade are behind us, we are focused on making the month of November purposeful for our learners.

Our October fundraiser went extremely well! We raised about \$5,000 to add to our PTO budget for this year. Thank you for making this fundraiser a success, we couldn't do this without your hard work and dedication to our school. Also, thank you to our wonderful PTO for all of your behind-the-scenes work. Chatfield greatly appreciates your time and efforts!

As you walk around Chatfield, you will see bulletin boards with students' pictures and QR codes next to their photo. Feel free to pull up your QR reader on your phone, scan the code, and watch our students talk about what they're learning. We know the importance of students being able to articulate their thinking and learning, so we have interviewed students from various grade levels to share what they're learning and why it's important among other questions.

As we get closer to Thanksgiving break, please look for information on our Thanksgiving turkey lunch on Thursday, November 15th. This is a wonderful opportunity to come eat with your child and enjoy a great meal. We look forward to having you join us!

As always, we appreciate your continued support with your child's education, and feel free to reach out to the office if you need anything. Enjoy your Thanksgiving break!

Best regards,

Shawn Wilson
Assistant Principal

Letter From our Counselor

Dear Parents,

This has been such a rewarding year so far and it's hard to believe that the holidays are just around the corner. K-2nd grade students are continuing their classroom lessons on practicing kindness and mindfulness. They have been practicing mindful listening and focusing, as well as learning about a variety of ways to calm their bodies and breathe deeply, such as rollercoaster breathing. 3rd-5th grade have recently been discussing the importance of identifying others' feelings, respecting similarities and differences, understanding complex emotions, and how to be assertive. Your child's teacher is frequently reinforcing many of these lessons since they provide social-emotional learning at the beginning of each day! Please reach out to me if you feel that your child might benefit from having additional support in this area.

In the spirit of Thanksgiving, Chatfield will have a "Thankful Tree" where students can write down something they are grateful for on a leaf and place it onto the tree. Research shows that gratitude helps people experience more positive emotions, strengthens relationships, increases resiliency, and improves overall health. Gratitude is strongly and consistently associated with greater happiness! Daily practice literally rewires the brain and body:

- Gratitude is good for our brains: there is a strong connection between the hypothalamus and feelings of gratitude, creating a chemical release of wellbeing
- Decreased pain levels: reduced symptoms of physical pain, more willing to exercise, and more motivated for recovery
- Better sleep: gratitude increases quality of sleep, decreases the time it takes to fall asleep, and lengthens duration of sleep
- Stress relief: gratitude reduces blood pressure, decreases in cortisol (stress hormone), and increases resiliency against stressful events
- Reduced anxiety and depression: increases long-term happiness, increases neural modulation in the prefrontal cortex, better able to manage negative emotions, leading to positive changes in behavior – more willing to be helpful, empathetic, and kind
- Increased energy and vitality: higher energy levels, more relaxed, happier and healthier

<https://www.consciouslifestylemag.com/benefits-of-gratitude-research/>

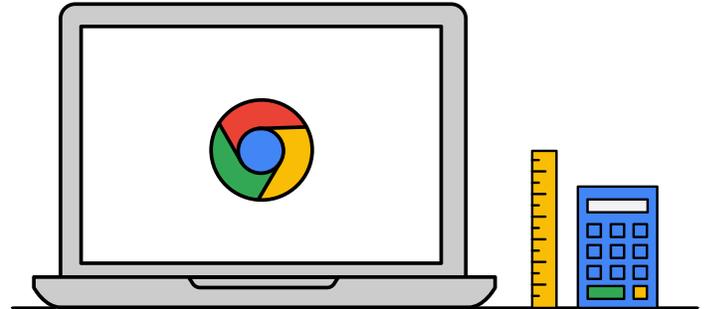
Kindly,
Renee Cameron
School counselor
(970) 254-4930, ext. 43143

We Use Chromebooks at Chatfield

What you've always wanted to know about Chromebooks in your child's classroom

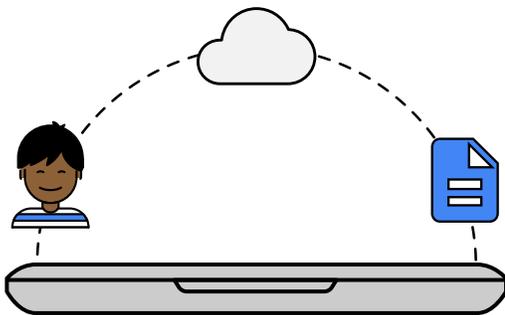


Your child is using a Chromebook at school, and you have some questions. A Chromebook may be different than the computer you have at home, so we want to help you understand what a Chromebook is and how it's used at school.



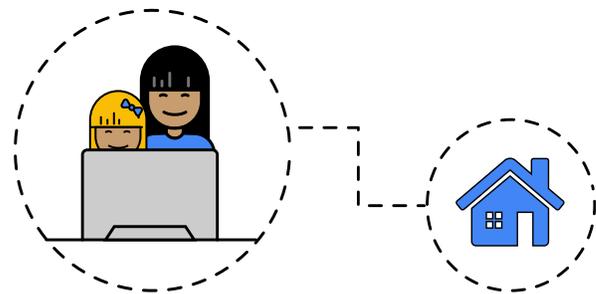
So...what is a Chromebook?

It's a laptop that runs on the Google Chrome operating system. The Chrome operating system is designed to work on the cloud, so that means everything—your files, your apps, even your desktop—lives online (not on your laptop) and is the same wherever you sign in. That means never misplacing your files or losing your work in progress (it's all right on the cloud). No wifi? Chromebooks also store files locally and work offline.



Why did our school choose Chromebooks?

Chromebooks are, by far, the #1 devices in schools because they're easy to use, versatile, and secure—we know trust is earned by protecting privacy and providing worry-free security. It helps that Chromebooks come as laptops and tablets with big screens and small screens, and entry models are affordable. They are built to be shareable. This means you and your child can use the same Chromebook and each have your own profile and files. In fact, in many schools, students share Chromebooks with each other.



Students can use their EDU accounts to continue **learning at home**



What does your child actually do on a Chromebook?

That varies from school to school, but the answer may be, “just about everything.” Popular tools like Gmail and Google Docs make classroom collaboration easy, and there are apps to learn skills like video-making, podcasting, and coding. You may also have heard your child talk about Google Classroom. It’s a tool some teachers use to help organize student classwork and assign homework and projects.

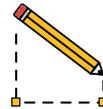
Here are some amazing things you can do on a Chromebook



Video editing
Tell stories with videos you produce yourself



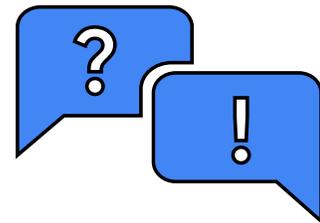
Coding
Learn to code no matter what grade you’re in



Drawing
Create art on your laptop

Want to know more? Here are some conversation starters with your child.

- Do you have your own Chromebook at school, or do you share?
- What is your favorite thing to do on a Chromebook?
- What rules does your school have about using Chromebooks?
- When do you use your Chromebook in school?
- How has a Chromebook changed your school day?
- What’s the most amazing thing you can do or create with a Chromebook?



If you want to know more about Chromebooks, check out google.com/chromebook/for-families